

Breast Cancer Breakfast



This term at HHT we hosted a Pink Ribbon Breakfast for breast cancer awareness. Did you know that every day, 8 New Zealand women are diagnosed with breast cancer? Maori and Pacific women are at greater risk of dying of breast cancer. More than 600 women die each year as a result. Interestingly, 20 New Zealand men are

diagnosed with breast cancer each year. To support the activities of the Breast Cancer Foundation, who provide education, breast screening, counselling and research, we held a breakfast feast, accompanied by an educational quiz and videos. Students and teachers made a donation to the Foundation. If you are interested in learning more, you can visit their website at <http://www.nzbcf.org.nz/>
Photo: Melissa Carrère & Nikki Walker at our breakfast feast.

Documentary Film Festival

Docs 4 Schools offers school students from years 5-13, the opportunity to attend free screenings of the latest documentaries from around the world. On 12 May, we were privileged to travel to the Roxy Cinema in Miramar to view an inspiring documentary film *Sonita*, which followed the misfortunes and fortunes of an Afghani teenager living in Tehran. Rap and telling how life is for Afghani women, particularly girls of marrying age, are *Sonita's* passions. She is prepared to risk alienation from her family, being detained back in Afghanistan and estrangement from all that she has known to follow her dream and tell her story. Her own resilience and determination and the help of the filmmaker result in her winning a competition and travelling to the United States to study. We may hear more of her in the years to come.
Helen Bean



New Babies

We welcome all our new babies:

Lily Best - Accarlia
Misty Pomare- Kalaani
Kenisha Vitale - Kahmaia
Tineka Waiariki—Kahukuramihata



Graduate News

Former students, Sarah Smith and Leiana Lavakula, spoke to the students about their own journey from HHT to tertiary education and work. "Don't procrastinate. As soon as you get an assignment, start it," said Leiana, now a 2nd year Pacific nursing student at Whitireia. Sarah agreed and encouraged students to use their support networks to help whenever they can. "I wasn't academic at all when I was at school but if I can do it, you can," said Sarah, now a tutor at Workforce Development after completing her degree in social work. Photo: Sarah Smith, Glenis Levack, graduate coordinator, and Leiana Lavakula.



Women's Rights

This year at HHT our social studies classes are continuing their investigation into women's rights. The focus is currently around "rape culture", the way in which girls and boys are socialised to expect and accept behaviour that is hurtful to women. We have been examining situations where people have put their hand up and said "enough is enough." In particular, we are looking at the "SlutWalk" movement, so named because the protest began after a Toronto police officer told university students, "I've been told I'm not supposed to say this – however, women should avoid dressing like sluts in order not to be victimised." Our class has been considering why it is we continue, in 2016, to blame women for the sexual violence they are subjected to, and how we can raise our children to expect better for themselves and others.

Melissa Carrere, Teacher

A very big thank you to all the public and private donors who have supported us this term. We could not provide the varied programme and high standard of care for our students without your help. We welcome donations towards the work of the school. Donations to the scholarship fund can be made to the HHT Trust. These are tax deductible and a receipt will be sent to you. Plimmerton Inner Wheel, BNZ Partners Wellington, N Campbell, Empathy Limited, HM Forsyth and D & E Gottschalk.

If you have changed address or would like the newsletter emailed to you, please contact Sarah De Renzy at sarah@hht.school.nz

He Huarahi Tamariki School for Teenage Parents—PO BOX 51346 TAWA WELLINGTON—(04) 232 0956 Fax 232 0957—sarah@hht.school.nz

Our host school is Wellington East Girls' College—Principal: Sally Houghton



He Huarahi Tamariki



School for Teenage Parents -Term 2 2016

Health & Wellbeing



Photos Left to Right: Hinehou Mason, Demi Wiremu, Helena Wardle, Nikki Walker, Zara Wallace-Smith & Courtney Heyworth show off their new woollen blankets; Zara Wallace-Smith and Nikki Walker try their blanket for size.

WINTER WARMTH

Kindercare Karori donated beautiful woollen blankets to the school just in time for the onset of cold winter weather. Each student took home a single bed size blanket to help keep them warm. Stitched to the blanket was a label with the words, "We may not have the opportunity to meet, we may not have the opportunity to ever exchange our life stories. But because you matter, we hope this blanket conveys the care of those who sent it for you and your loved ones." Our thanks go, once again, to Kindercare Karori, for this very generous gift. This is the second year they have kindly donated blankets to us.

Naku te rourou nau te rourou ka ora ai te iwi

With your basket and my basket the people will live.

SHIFT PROGRAMME

As part of the SHIFT programme, a new initiative that aims to increase the physical fitness and wellbeing of young women, Chloe Forbes and Katie Adams led a series of workshops engaging students in yoga, boxing, frisbee, swimming and dumpling making at HHT. "I love it. It's great to try new things that you can do with your children, family and friends," said Hineora Mike. The programme held a SHIFT Jam weekend with 13 young women from Wellington that looked at physical inactivity, mental ill-health, body confidence, technology and poor nutrition. They learnt they could solve wellbeing issues that affect them and that with mentoring and support, young women have the ability to make a difference in the world.



Left to right: Nakita Kopua, Francie-Rae Fleetwood, Nikki Walker, Chloe Forbes, Kirstin Tait, Chynna-Rose McGee, Amy Nixey and Pray Meh Nga.

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From our Teacher in Charge

Tēnā koutou katoa

In the first term we farewelled the Griffin School and welcomed new management along with returning staff. The new centre, named Kids Count Tawa: Griffin School, recognises the generosity of the Griffin family in helping to establish a childcare for HHT. We wish both previous and current staff all the best.

This term our focus has been wellbeing. Opportunities to build personal resilience and develop networks have come our way and we have enthusiastically grabbed them. The SHIFT programme has continued to engage our students with activities from yoga accompanied by a guitarist to swimming with toddlers. Patricia Hemans, visiting Fulbright scholar, introduced us to meditation and mindfulness as well as undertaking an inquiry project at HHT. Meditation has now become a regular part of our programme. The Education Rights Project, run by a team of volunteer law students from VUW, organised a series of seminars on different legal topics including family law and tenancy.

As well as learning about our rights, we have reflected on responsibilities. School Community Officer, Constable Andrea Noble, made a presentation on cyber bullying and reminded us of the role of bystanders - those who click 'like' on a negative Facebook post - and the responsibility bystanders need to take for their participation.

Community support continues to humble us. Beautifully knitted baby clothes arrive regularly. Pregnancy Help has supplied parcels for newborns and older babies. Our food programme, supported by Kiwi Community Assistance, has provided us with yet more tastes. Our cook, Philippa, adapts whatever is in surplus at the supermarket for the week. A glut of persimmons resulted in a persimmon loaf which was declared a triumph. The Kindercare blankets featured on our front page are a symbol of the wrap around care we receive from our community.

Thank you to our graduates who continue to visit us and share their experiences. You inspire us all. *Ngā mihi nui.*
Helen Webber



Electoral Visit



Evelyn Rakich, Electoral Commission, Ruby Bridge, Youth Parliamentarian & Toni Weir from the Electoral Commission.

The importance of voting and how to get on the electoral roll was explained to students by Toni, Ruby and Evelyn at our morning briefing. Ruby talked about how young people can have a voice. She is working on a project that looks at what can be done by government to ensure that teen parents and their children have good outcomes. Ruby spent time talking to students about their experiences for some personal perspectives on the issue. She will present her findings in a report to the Social Services Select Committee in July. Being a Youth Parliamentarian "has been a fantastic opportunity to go out into the world and see it from the perspectives of others, with the chance to take this back to the government so their voices can be heard."

Craft at HHT

The best uncooked playdough recipe ever!
(Playcentre cookbook)

Ingredients:

- 1 1/2 cups flour
- 1 Tbs cream of tartar (optional)
- 1/4 cup salt
- 1 Tbs cooking oil
- 1 cup boiling water

Instructions:

Mix the flour, cream of tartar and salt in a large bowl. In another bowl add the colouring and oil to the boiling water. Pour wet ingredients into dry ingredients. Mix well (Take care not to splash yourself with the boiling water!) Turn onto floured surface and knead until no longer sticky. Store in the fridge in a sealed plastic bag.



Pray Meh Nga, Nikki Walker & Hineora Mike making play dough.

Kids Count Tawa: Griffin School



Kids Count Tawa are the new licence holders for the Griffin School. We welcome Mary and Anthony McLeod, Hayley McAleer, Acting Manager, Jill Sim and Amy Jarrett together with Justin Toru, Lania O'Toole and Chelsea McRae, to the HHT Complex. Staff were busy over the holiday period painting walls and getting ready for the new term. Hayley is from Auckland where she lives with her fiancé Robbie and her dog Poppy. "I have been in early childhood for the last eight years, joining the Kids Count team in mid-2014. I have had various management positions throughout my teaching career. During my time with Kids Count I have grown and learnt so much, which has led me to setting up and temporarily managing the new Kids Count Tawa centre. Over the last few weeks I have been here, it has truly been an amazing journey and I am enjoying it immensely. I am looking forward to learning more about you all and this fantastic school throughout the remainder of my time here."

Photo Left to right: Chelsea McRae, Justin Toru, Amy Jarrett, Jill Sim, Hayley McAleer and Lania O'Toole.



Grape Harvest

Aporo Joyce and Glenis Levack harvested the annual HHT grape crop. This year was a bumper harvest and students and staff enjoyed a special morning tea with cheese, crackers and HHT grapes. Aporo planted the grape vine in the school garden some years ago and is our resident viticulturist. This year we were able to give bunches of grapes away.

He kai kei aku ringa

There is food at the end of my hands.